



Baptist Pui Li School

Meal Menu for Whole-day Class (K2 & K3)

(SEPTEMBER)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2/9	3/9	4/9	5/9	6/9
Lunch	School Commencement Day	Tomato and Veggie Fish Cake Chicken in Portuguese Sauce Rice Chicken Feet Soup with Red Date and Peanut	Stir Fired Ginger, Veggie with Soy Milk Film Meat with Carbonara Sauce Rice Rice Bean and Arrowroot Soup with Pork	Fish Fillet in Hawaiian Sauce Chicken in Herbal Sauce Rice Chicken Feet Soup with Carrot and Coconut	Pork Fillet with Mushroom Sauce Beef with Tomato Rice Pork Rib Soup with Dried Octopus and Lotus Root
Fruit		Watermelon / Apple	Blueberry / Apple	Orange / Apple	Banana / Apple
Refreshment		Boiled Egg	Cereal Milk Warm Water	Sesame Mochi Bread Warm Water	Strawberry Jam Sandwich Warm Water
	9/9	10/9	11/9	12/9	13/9
Lunch	Beef with Spanish Sauce Tomato and Herb Meatballs (Pork) Rice Pork Soup with Sea Coconut, Fig, Chinese Wild Yam and Corn	Chinese Honey Chicken Japanese Braised Minced Pork Rice Chicken Feet Soup with Red Date and Peanut	Neapolitan Style Beef Vegetable and Beancurd Sheet Rice Rice Bean and Arrowroot Soup with Pork	Fish Fillet with Tomato Chinese Honey Pork Slices Rice Chicken Feet Soup with Carrot and Coconut	Italian Bolognese (Beef) Chinese Style Fried Mushroom and Beancurd Knot Rice Pork Rib Soup with Dried Octopus and Lotus Root
Fruit	Apple	Pear / Apple	Grapes / Apple	Orange / Apple	Papaya / Apple
Refreshment	Grain Bread Low Sugar Soy Milk Warm Water	Egg White Cake Warm Water	Cereal Milk Warm Water	Pineapple Pizza Warm Water	Cheese Stick Bread Warm Water
	16/9	17/9	18/9	19/9	20/9
Lunch	Chicken with Japanese Tomato Sauce Taiwanese Braised Minced Pork Rice Pork Soup with Sea Coconut, Fig, Chinese Wild Yam and Corn	Mid-Autumn Festival	The following day of Mid-Autumn Festival	Japanese Beef Teriyaki Vegan Fish Fillet Rice Rice Bean and Arrowroot Soup with Pork	Grilled Chicken with Onions and Potatoes in Portuguese Sauce Steamed Pork Patty with Dried Octopus and Chicken Rice Chicken Feet Soup with Carrot and Coconut
Fruit	Apple			Orange / Apple	Banana / Apple
Refreshment	Sweet Bun Low Sugar Soy Milk Warm Water			Egg Tart Warm Water	Plum Jam Sandwich Warm Water
	23/9	24/9	25/9	26/9	27/9 (Birthday Party)
Lunch	Japanese Beef Japanese Kombu and Beancurd Sheet Rice Pork Rib Soup with Dried Octopus and Lotus Root	Pork Slices in Corn Sauce Italian Fish Rolls Rice Pork Soup with Sea Coconut, Fig, Chinese Wild Yam and Corn	Chinese Honey Beef Bai Ye Tofu in Spanish Sauce Rice Chicken Feet Soup with Red Date and Peanut	Meat with Tomato Sauce Fish Fillet with Mushroom Sauce Rice Rice Bean and Arrowroot Soup with Pork	Beef in Hawaiian Sauce Japanese Braised Minced Pork Rice Chicken Feet Soup with Carrot and Coconut
Fruit	Apple	Pear / Apple	Grapes / Apple	Orange / Apple	
Refreshment	Corn Bun Low Sugar Soy Milk Warm Water	Sponge Cake Warm Water	Cereal Milk Warm Water	Cheese Mochi Bread Warm Water	
	30/9				
Lunch	Teachers' Development Day				
Fruit					
Refreshment					

*Boiled vegetables or melons are available every day.