



Baptist Pui Li School

Meal Menu for Whole-day Class

(SEPTEMBER)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
					1/9
Lunch					
Fruit					
Refreshment					
	4/9(Commencement Day)	5/9	6/9	7/9	8/9
Lunch		Chicken Penne in White Sauce Papaya Snow Fungus Soup	Steamed Egg Rice with pumpkin and Minced Pork Old cucumber red bean soup	Minced Pork and Eggplant Rice Cordyceps flower tea plant mushroom soup	Steamed Pork Patty with Mushroom and Water Chestnut Kudzu, beans and ribs soup
Fruit		Grapes / Apple	Blueberry / Apple	Banana / Apple	Papaya / Apple
Refreshment		Cranberry Bun Warm Water	Cereal Milk	Walnut Bun Low sugar soy milk	Cheese Mochi Bread Warm water
	11/9	12/9	13/9	14/9	15/9
Lunch	Onion and Pork Tenderloin Rice with Galic Sauce Tomato and potato soup	Spaghetti with Pumpkin, Corn and Fish Fillet Chestnut radish and pork bones soup	Potato Chicken Rice in White Sauce Zucchini and Meat Soup	Sadan Pork Chop (Small Pieces) Fusilli Pumpkin and radish pork bones soup	Garlic Mushroom Steamed Pork Rice Ribs and lotus root soup
Fruit	Orange / Apple	Canistel / Apple	Grapes / Apple	Pear / Apple	Conference pear / Apple
Refreshment	Chicken Pie Warm Water	Corn Bun Warm Water	Cereal Milk	Boiled Egg Low sugar soy milk	Sponge Cake Warm Water
	18/9	19/9	20/9	21/9	22/9(Birthday Party)
Lunch	Steamed Egg Rice with Fish Fillet Minestrone Soup	White Sause Penne with cauliflower, potato and Chicken Gassho melon, yam and Barley Soup	Steamed Egg Rice with Spinach and Minced Pork Gassho melon and pork bones soup	Fish Fillet Spaghetti with Broccoli Snow fungus apple and pork soup	Honey Glazed Roasted Chicken Rice (Small Pieces) Gassho melon and pork bones soup
Fruit	Orange / Apple	Grapes / Apple	Blueberry / Apple	Banana / Apple	Papaya / Apple
Refreshment	Egg Tart Warm Water	Cranberry Bun Warm Water	Cereal Milk	Walnut Bun Low sugar soy milk	
	25/9	26/9	27/9	28/9	29/9
Lunch	Steamed Pork Patty with Pumpkin Green radish, carrot and corn soup	Potato and chicken rice in white sauce Tomato and potato soup	Braised Chicken Rice with Chestnuts Papaya Snow Fungus Soup	Spaghetti Chicken with Pesto Sauce Pumpkin and radish pork bones soup	Holiday
Fruit	Orange / Apple	Canistel / Apple	Grapes / Apple	Pear / Apple	
Refreshment	Chicken Pie Warm Water	Corn Bun Warm Water	Cereal Milk	Boiled Egg Low sugar soy milk	

*Boiled vegetables or melons are available every day.