

Baptist Pui Li School 2024-25 School Year <u>Meal Menu for Whole-day Class</u>

(November)

	i School 2024-25 School Year <u>ivieal Menu for Whole-day Class</u>				(November)
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
					1/11
Lunch					Teacher's Development Day
Fruit					
Refreshment					
	4/11	5/11	6/11	7/11	8/11
Lunch	Mixed Mushroom and Bai Ye Tofu with Honey Sauce Chicken in Cheese Sauce Rice Rice Bean and Arrowroot Soup with Pork	Beancurd Knot in Portuguese Sauce Beef in Tomato Sauce Corn Rice Chicken Feet Soup with Carrot and Coconut	Sweet and Sour Vegan Meatballs Chinese Honey Pork Rice Pork Rib Soup with Dried Octopus and Lotus Root	Chicken in Carbonara Sauce Italian Bolognese (Beef) Penne Pork Soup with Sea Coconut, Fig, Chinese Wild Yam and Corn	Tomato Minced Pork Steak with Mushroom Sauce Rice Chicken Feet Soup with Red Date and Peanut
Fruit	Apple	Dragon fruit / Apple	Apple	Orange / Apple	Cherry Tomato / Apple
Refreshment	Sweet Bun Low sugar soy milk Warm Water	Chicken Pot Pie Warm Water	Cereal Milk Warm Water	Butter Loaf Warm Water	Plum Jam Sandwich Warm Water
	11/11	12/11	13/11	14/11	15/11
Lunch	Pork in Peach Sauce Taiwanese Braised Minced Pork Rice Rice Bean and Arrowroot Soup with Pork	Beef with Mixed Mushroom Roasted Chicken Balls Corn Rice Chicken Feet Soup with Carrot and Coconut	Potato and Beef in Portuguese Sauce Steamed Egg Rice Pork Rib Soup with Dried Octopus and Lotus Root	Stir Fired Corn, Veggie with Soy Milk Film Italian Bolognese (Beef) Rice Pork Soup with Sea Coconut, Fig, Chinese Wild Yam and Corn	Bai Ye Tofu in Tomato Sauce Taiwanese Braised Minced Pork Rice Chicken Feet Soup with Red Date and Peanut
Fruit	Apple	Papaya / Apple	Grapes / Apple	Pear / Apple	Tangerine / Apple
Refreshment	Sesame Bun Low sugar soy milk Warm Water	Pineapple Pizza Warm Water	Cereal Milk Warm Water	Black Sesame Mochi Bread Warm water	Chocolate Cake Warm water
Lunch	18/11  Mixed Mushroom and Red Kidney Beans in Corn Sauce Minced Pork with Tomato Rice Rice Bean and Arrowroot Soup with Pork	Pork in Mushroom Sauce Chinese Style Fried Potato and Chicken Corn Rice Chicken Feet Soup with Carrot and Coconut	20/11  Teriyaki Chicken Italian Bolognese (Beef) Rice Pork Rib Soup with Dried Octopus and Lotus Root	21/11  Vegan Fish Fillet in Garlic Sauce Roasted Beef Rice Pork Soup with Sea Coconut, Fig, Chinese Wild Yam and Corn	22/11(Birthday Party)  Vegan Chicken and Tomato Pork in Peach Sauce Rice Chicken Feet Soup with Red Date and Peanut
Fruit	Apple	Dragon fruit / Apple	Apple	Orange / Apple	
Refreshment	Salty Butter Bun Low sugar soy milk Warm Water	Boiled Egg Warm Water	Cereal Milk Warm Water	Milk Bun Warm Water	
	25/11	26/11	27/11	28/11	29/11
Lunch	Pork Fillet with Onion Beef in Tomato Sauce Rice Rice Bean and Arrowroot Soup with Pork	Vegan Pork Slice in Sweet and Sour Sauce Chicken in Honey Sauce Corn Rice Chicken Feet Soup with Carrot and Coconut	Pork Slices in Tomato Sauce Italian Bolognese (Beef) Fusilli Pork Rib Soup with Dried Octopus and Lotus Root	Portuguese Beancurd Sheet Meatball with Tomato and Herbs Rice Pork Soup with Sea Coconut, Fig, Chinese Wild Yam and Corn	Steamed Egg Pork Slices with Mixed Mushroom Rice Chicken Feet Soup with Red Date and Peanut
Fruit	Apple	Papaya / Apple	Grapes / Apple	Pear / Apple	Tangerine / Apple
Refreshment	Corn Bun Low sugar soy milk Warm Water	Egg Tart Warm Water	Cereal Milk Warm Water	Wheel Shaped Bread Warm Water	Layer Cake Warm Water