

Monday	Tuesday	Wednesday	Thursday	Friday
2/10	3/10	4/10	5/10	6/10
The day following National Day Holiday	Jam Sandwich Warm Water	Salty Butter Bun Low sugar Vitasoy Calci-Plus Hi-Calcium Soya Milk Warm Water	Cheese Sandwich Warm Water	Cranberry Bun Banana Warm Water
9/10	10/10	11/10	12/10	13/10
Cheese Mochi Bread Warm Water	Walnut Bun Warm Water	Sesame bun Low sugar Vitasoy Calci-Plus Hi-Calcium Soya Milk Warm Water	Sponge Cake Warm Water	Raisin bun Banana Warm Water
16/10	17/10	18/10	19/10	20/10
Sweet Bun Warm Water	Jam Sandwich Warm Water	Salty Butter Bun Low sugar Vitasoy Calci-Plus Hi-Calcium Soya Milk Warm Water	Cheese Sandwich Warm Water	Cranberry Bun Banana Warm Water
23/10	24/10	25/10	26/10	27/10
Chung Yeung Festival	Walnut Bun Warm Water	Sesame bun Low sugar Vitasoy Calci-Plus Hi-Calcium Soya Milk Warm Water	Sponge Cake Warm Water	Raisin bun Banana Warm Water
30/10	31/10			
Teachers' Development Day	Jam Sandwich Warm Water			

- Notes: ① Please wash the cup every day and prepare a clean wet towel to be put in a small container for children;
 ② If children have refreshments that are not suitable for eating, please inform the teacher in advance.