



Baptist Pui Li School 2024-25 School Year Meal Menu for Whole-day Class (October)

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------|---|--|--|--|---|
| | | 1/10 | 2/10 | 3/10 | 4/10 |
| Lunch | | National Day Holiday | Pork Slices in Peach Sauce Japanese Beef Rice Pork Soup with Sea Coconut, Fig, Chinese Wild Yam and Corn | Italian Bolognese (Beef) Pork Slices with Japanese Tomato Sauce Rice Chicken Feet Soup with Red Date and Peanut | Sweet and Sour Vegan Meatballs Roasted Chicken Balls Corn Rice Rice Bean and Arrowroot Soup with Pork |
| Fruit | | | Grapes / Apple | Orange / Apple | Banana / Apple |
| Refreshment | | | Cereal Milk Warm Water | Butter Loaf Warm Water | Plum Jam Sandwich Warm Water |
| | 7/10 | 8/10 | 9/10 | 10/10 | 11/10 |
| Lunch | Chicken in Portuguese Sauce Grilled Pork Fillet with Sweet Corn Rice Chicken Feet Soup with Carrot and Coconut | Honey Vegan Chicken Steak Japanese Braised Minced Pork Rice Pork Rib Soup with Dried Octopus and Lotus Root | Mixed Veggie, Tomato and Red Kidney Beans Italian Bolognese (Beef) Corn Rice Pork Soup with Sea Coconut, Fig, Chinese Wild Yam and Corn | Mixed Mushroom and Bai Ye Tofu with Corn Sauce Pork Slices with Pineapple Sauce Rice Chicken Feet Soup with Red Date and Peanut | Chung Yeung Festival Holiday |
| Fruit | Apple | Dragon fruit / Apple | Blueberry / Apple | Pear / Apple | |
| Refreshment | Sweet Bun Low sugar soy milk Warm Water | Boiled Egg Warm Water | Cereal Milk Warm Water | Grain Bread Warm Water | |
| | 14/10 | 15/10 | 16/10 | 17/10 | 18/10 |
| Lunch | Veggie with Soy Milk Film Taiwanese Braised Minced Pork Rice Rice Bean and Arrowroot Soup with Pork | Garlic Honey Beef Tomato minced pork Rice Chicken Feet Soup with Carrot and Coconut | Neapolitan Meat Slices Steamed Pork Patty with Dried Octopus and Chicken Corn Rice Pork Rib Soup with Dried Octopus and Lotus Root | Chicken with Mushroom Sauce Four Cheese Pork Fillet Rice Pork Soup with Sea Coconut, Fig, Chinese Wild Yam and Corn | Welcoming Diamond Jubilee Celebration Carnival |
| Fruit | Apple | Papaya / Apple | Grapes / Apple | Orange / Apple | |
| Refreshment | Sesame Bun Low sugar soy milk Warm Water | Chicken Pot Pie Warm Water | Cereal Milk Warm Water | Wheel Shaped Bread Warm Water | |
| | 21/10 | 22/10 | 23/10 | 24/10 | 25/10 |
| Lunch | Sweet Millet and Beancurd Sheet Pork Slices with Honey Sauce Rice Rice Bean and Arrowroot Soup with Pork | Italian Vegan Meatballs Chinese Potato Beef Rice Chicken Feet Soup with Carrot and Coconut | Portuguese Chicken Meat with Carbonara Sauce Corn Rice Pork Rib Soup with Dried Octopus and Lotus Root | Japanese Bai Ye Tofu Steamed Chicken with Cordyceps Flower and Black Fungus Rice Pork Soup with Sea Coconut, Fig, Chinese Wild Yam and Corn | Vegan Fish Fillet with Tomato Sauce Italian Bolognese (Beef) Rice Chicken Feet Soup with Red Date and Peanut |
| Fruit | Apple | Dragon fruit / Apple | Blueberry / Apple | Pear / Apple | Cherry Tomato / Apple |
| Refreshment | Salty Butter Bun Low sugar soy milk Warm Water | Egg Tart Warm Water | Cereal Milk Warm Water | Milk Bun Warm Water | Layer Cake Warm Water |
| | 28/10 | 29/10 | 30/10 | 31/10 | |
| Lunch | Veggie and Soy Milk Film with Mushroom Sauce Taiwanese Braised Minced Pork Rice Rice Bean and Arrowroot Soup with Pork | Chicken with Corn Sauce Italian Bolognese (Beef) Rice Chicken Feet Soup with Carrot and Coconut | Pork Fillet with Mushrooms Meat with Tomato Sauce Corn Rice Pork Rib Soup with Dried Octopus and Lotus Root | Vegetable and Beancurd Sheet Tomato and Beef Rice Pork Soup with Sea Coconut, Fig, Chinese Wild Yam and Corn | |
| Fruit | Apple | Papaya / Apple | Grapes / Apple | Orange / Apple | |
| Refreshment | Corn Bun Low sugar soy milk Warm Water | Pineapple Pizza Warm Water | Cereal Milk Warm Water | Black Sesame Mochi Bread Warm water | |

*Boiled vegetables or melons are available every day.