



Baptist Pui Li School 2025-26 School Year Meal Menu for Whole-day Class (January)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 / 1	2 / 1
Lunch				Christmas and New Year Holiday	Vegan Meatballs Chicken Steak in Portuguese Sauce Oat for Rice Rice Bean and Arrowroot Soup with Pork
Fruit					Cherry Tomato / Apple
Refreshment					Cheese Stick Bread Warm water
	5 / 1	6 / 1	7 / 1	8 / 1	9 / 1
Lunch	Stir Fried Beef Tomato and Minced Pork Rice Rice Bean and Arrowroot Soup with Pork	Four Cheese Beef Spanish Chicken Rice Pork Rib Soup with Dried Octopus and Lotus Root	Sweet and Sour Vegetarian Pork Steamed Pork Patty with Mushroom Brown Rice Cashew, Chestnut, Pumpkin and Corn Vegan Soup	Bai Ye Tofu Italian Bolognese (Beef) Penne Pork Soup with Chinese Wild Yam, Apple and Hairy Fig	Beef in Corn Sauce Chinese Steamed Egg Oat for Rice Chicken Feet Soup with Red Date and Peanut
Fruit	Apple	Papaya / Apple	Grapes / Apple	Pear / Apple	Mandarin / Apple
Refreshment	Raisin Bun Low sugar soy milk Warm water	Layers Cake Warm water	Cereal Milk Warm water	Egg Tart Warm water	Milk Bun Warm water
	12 / 1	13 / 1	14 / 1	15 / 1	16 / 1
Lunch	Stir Fired Mushroom, Veggie with Soy Milk Film Grilled Corn and Chicken Cake Rice Pork Rib Soup with Dried Octopus and Lotus Root	Garlic and Honey Chicken Taiwanese Braised Minced Pork Penne Cashew, Chestnut, Pumpkin and Corn Vegan Soup	Pork Slice with Mushroom Sauce Chinese Steamed Egg Brown Rice Pork Soup with Chinese Wild Yam, Apple and Hairy Fig	Braised Beancurd Sheet Beef with Peach Sauce Corn Rice Chicken Feet Soup with Red Date and Peanut	Vegan Meatballs Chicken in Garlic and Honey Sauce Oat for Rice Rice Bean and Arrowroot Soup with Pork
Fruit	Apple	Dragon fruit / Apple	Apple	Orange / Apple	Cherry Tomato / Apple
Refreshment	Sesame Bun Low sugar soy milk Warm Water	Red Bean Bun Warm water	Cereal Milk Warm water	Barley Bread Warm water	Cranberry Bun Warm water
	19 / 1	20 / 1	21 / 1	22 / 1	23 / 1
Lunch	Garlic Honey Beef Braised Pork Slice Rice Cashew, Chestnut, Pumpkin and Corn Vegan Soup	Japanese Pork Fillet Italian Bolognese (Beef) Rice Pork Soup with Chinese Wild Yam, Apple and Hairy Fig	Japanese Pork Slice Chicken in Garlic and Honey Sauce Brown Rice Chicken Feet Soup with Red Date and Peanut	Onion and Beef Steamed Pork Patty with Mushroom Penne Rice Bean and Arrowroot Soup with Pork	Bai Ye Tofu Teriyaki Chicken Oat for Rice Pork Rib Soup with Dried Octopus and Lotus Root
Fruit	Apple	Papaya / Apple	Grapes / Apple	Pear / Apple	Mandarin / Apple
Refreshment	Corn Bun Low sugar soy milk Warm Water	Egg White Cake Warm water	Cereal Milk Warm water	Boiled Egg Warm water	Wheel-shaped Bread Warm water
	26 / 1	27 / 1	28 / 1	29 / 1	30 / 1
Lunch	Braised Beef Pork Fillet with Honey Sauce Rice Pork Soup with Chinese Wild Yam, Apple and Hairy Fig	Corn and Chicken Tomato and Herb Meatballs (Pork) Fusilli Chicken Feet Soup with Red Date and Peanut	Meat with Carbonara Sauce Japanese Corn and Chicken Cake Brown Rice Rice Bean and Arrowroot Soup with Pork	Soy-braised Vegetarian Pork Pork Slice Corn Rice Pork Rib Soup with Dried Octopus and Lotus Root	Taiwanese Braised Minced Pork Chinese Steamed Egg Oat for Rice Cashew, Chestnut, Pumpkin and Corn Vegan Soup
Fruit	Apple	Dragon fruit / Apple	Apple	Orange / Apple	Cherry Tomato / Apple
Refreshment	Digestive Biscuit Low sugar soy milk Warm Water	Butter Loaf Warm water	Cereal Milk Warm water	Black Sesame Mochi Balls Warm water	Pineapple Pizza Warm water

*Boiled vegetables or melons are available every day.